

Restoring Your Identity

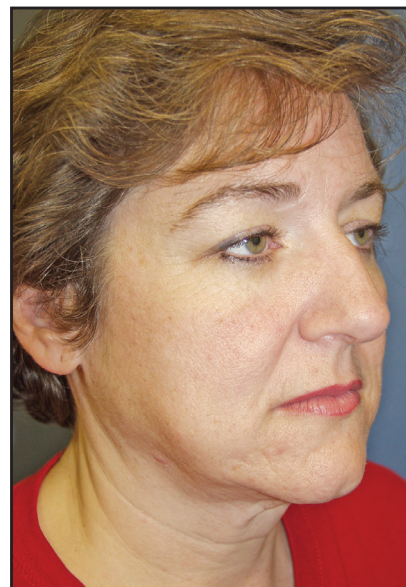
“Identity is central to everything a plastic surgeon does, yet it’s rarely acknowledged”, explains **Robert Louton M.D.** “Facial surgery is simply a way to restore an aesthetic image that enables my patients to once again feel like themselves.” Dr. Louton is a board certified plastic surgeon and is the face behind **Blair Plastic Surgery**, a comprehensive plastic surgery practice serving the central Pennsylvania area since 1990. “As people go through life they develop their character and their identity, and think of themselves in a certain way. As they age, changes occur that bring them to a point where they look in a mirror and no longer recognize themselves. I look at my job as a way to restore their identity.”

Communication is crucial in recapturing that identity. **Dr. Louton** encourages his patients

to bring in old pictures of themselves. “The more open our discussion, the better I get to know my patients and how they perceive their real self.”

Dr. Louton employs a multi-step facelift approach to reconstructing — and reuniting — patient identity. As the face ages, there is a loss of soft tissue, a loss of elasticity, and the underlying supportive fat begins to slide downward, distorting the facial contours. The shape changes from oval or heart shape to a more rectangular or bottom-heavy shape and in some cases creating a central hollow look. “My aim is to regain lost volume and re-frame the face, highlighting the arch of the cheek bones and jaw line, and enhancing the natural structural elements of the face.”

Restoring identity may be



Pre-surgery.



Post-surgery.

The place to start is with a thorough one-on-one consultation with your board certified plastic surgeon.

achieved by one of the following techniques or procedures or by utilizing a combination specifically designed for the patient; Neck lifts (platysmaplasty), Facelift (lower face), Midface Lift, Forehead Lift (upper face), Eyelid Surgery (blepharoplasty), or a combination of these procedures called a **Composite Facelift** or 3-dimensional lift. Liposuction or nose surgery may also be added **and non-surgical procedures** such as dermal fillers (Juvederm, Restylane, etc) and fat transfer, Botox, or Laser treatments may also be used to enhance results or substituted for surgery in those cases where only minor changes are desired.

As always, the place to start is with a thorough one-on-one consultation with your board certified



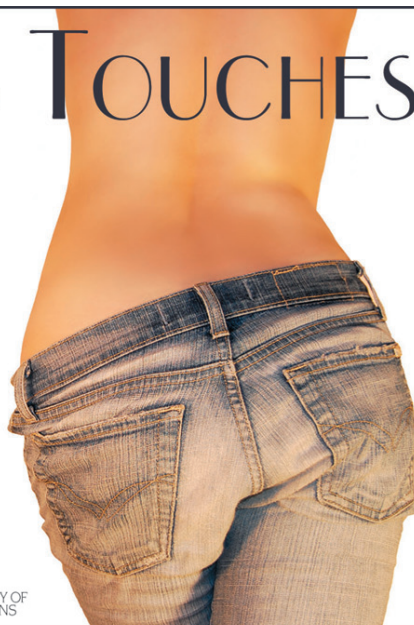
Post-surgery.


plastic surgeon. **Robert Louton M.D., F.A.C.S.** is the founder of **Blair Plastic Surgery** in Altoona and State College, Pennsylvania (www.blairplasticsurgery.com). Dr. Louton is board certified by the American Board of Plastic and Reconstructive Surgery and is a member of the American Society of Plastic Surgeons and the prestigious American Society for Aesthetic Surgeons (www.surgery.org).

FINISHING TOUCHES

TO YOUR DIET & EXERCISE PROGRAM

- LIPOSCULPTURE
- TUMMY TUCKS
- BODY LIFTS
- BREAST SURGERY



Members

AMERICAN SOCIETY OF PLASTIC SURGEONS

BLAIR

PLASTIC SURGERY
ROBERT LOUOTON, MD, FACS
BOARD CERTIFIED PLASTIC SURGEON

STATE LICENSED SURGERY SUITE • SURGERY FINANCING AVAILABLE
 814.949.7280 • 800.833.3888 • 3107 FAIRWAY DR., ALTOONA
WWW.BLAIRPLASTICSURGERY.COM