



Facial Rejuvenation — Lasers *or* Surgery?

by Fanny Louton MD

Not ready for surgery? Had too much fun in the sun but still too young to consider anything “drastic”? Today there are options for the busy individual who has very little time or patience for surgery but nevertheless desires to rejuvenate or freshen their look. Dependable results can be found in lasers such as the fractionated CO2 while numerous fillers and Botox continue to grow in popularity due to their convenience and quick results. But are these non-surgical options the best solution for you?

With twenty years of experience in both surgical and non-surgical cosmetic medicine, Drs. Robert and Fanny Louton of Blair Plastic Surgery remain on the cutting edge of new technologies and can address the full spectrum of facial rejuvenation. An honest discussion of your goals and a thorough assessment is essential to create the right rejuvenation plan for achieving great results. And to make your first visit to our office more meaningful, it is essential to begin gathering some information. Here are some basics.

Week-End Laser Treatments

- 3 to 5 days of healing.
- Subtle results, best suited for younger age groups.
- May require a series of treatments for optimal results.
- Results are maintained with careful skin care and sun avoidance.
- Both MicroLaser Peels and fractionated CO2 laser treatments improve fine lines, brown pigmentation, texture.
- Fractional CO2 Laser treatments can also remodel acne scars, decrease pore size and promote overall skin tightening.



Before & After Lift & Laser

Resurfacing with Erbium or CO2 Lasers

- Removal of entire top layer of the skin, the epidermis.
- 2 weeks of healing and residual erythema for up to 2 months.
- One treatment is usually sufficient.
- Excellent for deeper wrinkles especially the “lipstick” lines around the mouth.
- Often used in conjunction with facelift or necklift procedures for enhanced results.



Before & After Resurfacing

BOTOX & Fillers

- Botox is mainly used on the upper part of the face to smooth wrinkles of the forehead, between the brows, and crow's feet.
- Fillers are used to for volume correction, filling of the naso-labial folds or used to create fuller lips and decrease the appearance of “lipstick” lines.
- Results typically last from 6 months to one year.
- Newer filler such as Artefill and fat transfer (stem cells) can last up to 5 years.
- Useful in all age groups.

Choosing the right tool is the best way to achieve optimum results. Drs. Louton can address the full spectrum of facial rejuvenation and can help you navigate through numerous choices. Our laser center offers the following: Sciton Erbium Laser, Matrix Fractional CO2 Laser, Lumenis One IPL, Starlux IPL, Diolite 532 for reduction of vessels, hair and tattoo removal lasers and more. Also available are Botox and Dysport for softening of muscular wrinkles, and dermal fillers such as Juvederm, Eleveess, and Artefill. And for the definitive surgical solutions, Dr. Robert Louton, our board certified plastic surgeon, is available for consultations at both our office locations - State College or Altoona.



Before & After Facelift

Surgical Facial Rejuvenation

- Smooths and tightens skin by lifting, re-draping and removing the excess skin.
- Can tighten and lift the neck, redefine the jaw line, lift the forehead, and smooth around the eyes.
- Best option for skin that has lost elasticity and demonstrates excessive sagging.
- Produces a noticeable change and results are long lasting.



Before & After Facelift

Call today to set up your facial rejuvenation consultation — 814-949-7280
For more information visit www.BlairPlasticSurgery.com.