



## Look Your Best on Your Special Day

Modern plastic surgery provides numerous options for enhancing a bride's appearance on her special day. For those who have the luxury of three to six months of advanced planning, numerous surgical opportunities present themselves in the enhancement of both facial features and body contouring. But even with as little time as three weeks prior to the event, frown lines and crow's feet can be minimized, facial creases corrected and lips made fuller. With so many choices, any member of the wedding party can choose to look their very best on this most important day, the bride's wedding day.

ity of improved gel implants permits a simplified surgical procedure for many patients with a speedy recovery and enhanced softness.

Liposculpture, currently the most popular plastic surgery operation in the United States, will reveal its improvements over a period of three weeks to months depending on the areas approached. The waist, thigh area and lower abdomen tend to heal more quickly than the inner thigh and upper abdomen. All corrections are permanent.

Popular choices among the facial surgical options are enhancement of chin, neckline and nasal appearance. Like the body sculpt-

heaviness and puffiness around the eyes and improve wrinkles, jowls, double chins and laxity in the neck, all of which can be distracting in photos. Facial rejuvenation will help you look your best in the photographs that will be around FOREVER! The objective is to look rested and vivacious, but of course always natural. The improvement afforded by these procedures should last years and with imperceptible indications of the surgeon's effort.

Injectable treatments for aesthetic enhancement have blossomed in recent years. Notable amongst these options are Botox to reduce frown lines principally in the forehead, frown lines between the brow, and "crow's feet". Injections of filling agents to enhance cheek contours and reduce crease lines in the face can be reliably achieved.

Finally, lip enhancement in both volume and shape is currently an extremely popular aesthetic option. There are numerous choices in types of injectable filling agents based on the area being treated and the desired lasting results. Agents available include Juvederm, Restylane, Radiesse, Artefil, and one's own transferred fat. All of these procedures can be performed in an office setting. Botox will achieve notable reduction in frown lines and forehead creases within a week. Correction of facial creases with fillers can be achieved immediately while enhancement of the lips usually requires between four days to a week to achieve its final results because of initial swelling due to the injections. Significant bruising follow-

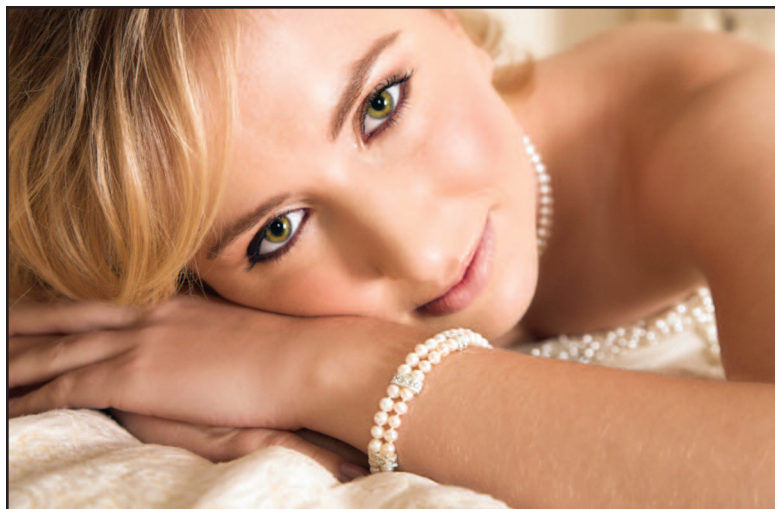
ing any of these injectable procedures is uncommon but should be allowed for with regard to photography or the ceremony itself. Therefore, these procedures should be scheduled using a conservative three-week recovery window. The procedures are safe, effective, and result in minimal discomfort.

For the best and safest results, remember to choose an experienced cosmetic plastic surgeon who is board certified by the American Board of Plastic Surgery. With a modest degree of advanced planning, the modern bride or interested members of the wedding party and their plastic surgeon can create a plan of aesthetic enhancement for a successful and truly extraordinary



wedding day.

**Dr. Robert Louton and Dr. Roberto Gonzalez are both Board Certified Plastic Surgeons and proud members of the American Society of Plastic Surgery. Log on to our website and check their credentials, obtain specific procedure information, view before and after photographs. Call us directly for pricing and financing options or to schedule your private consultation.**



For the bride, in the realm of body sculpting, the most commonly sought after procedures include breast enlargement, breast reshaping, and liposculpture. These procedures are usually performed in an certified office surgery suite and require minimal initial recovery. Patients are capable of returning to work activities in a matter of four to five days. Breast surgery is immediately gratifying in that the size and shape of the breast is reliably achieved within a matter of two weeks, allowing for accurate dress fittings. The availabil-

ing procedures described above, these operations can be performed with minimal discomfort in an office surgery suite setting, and can provide pleasing, aesthetic changes to one's facial appearance. Recovery times tend to average approximately one week for the initial recovery with progressive improvement over a period of three to six months following surgery. Rejuvenation procedures, those intended to reverse age related changes, are especially popular with mothers and mothers-in-law. Eyelifts and facelifts can relieve



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